

Health Freedom is about acknowledging that we are responsible for the care of our own bodies and have the right to autonomy over our bodies, for good or for ill. Health Freedom is also about having free, true, comprehensive, and clear information at our disposal on every topic in any area which impacts health – nutrition, environment, medical or alternative care. It assumes that the scientific method is upheld, and that no political or financial interests are permitted to contaminate or shut down inquiry. When health crimes are committed, the perpetrators are tried and brought to justice. In a world of free access to inquiry, information, and discussion, each person may choose what path he or she wishes to follow as they care for their divine temples, their own bodies.